

# Randolph Elementary School

[www.orangesouthwest.org/res](http://www.orangesouthwest.org/res)

## Family Newsletter

January 2017

### Destination Imagination Season Begins

Destination Imagination - the worldwide creative problem solving program- begins at RES on Tuesday Jan 17th in the art room. Students who have filled out information forms are invited to our first DI group meeting at 2:30 in the RES Library to practice Instant Challenges until 4pm. (Please make arrangements to pick up your student.) Teams will be formed at that meeting and we hope to be able to accommodate all interested students on teams. The program will not run unless we have volunteer coaches (teams of parents are fine). Challenge Teams will meet weekly or twice a week during the season depending on the schedules of team members and coaches. The Vermont State Tournament is March 18th. Please contact Rebecca Carleton at [rcarleton@orangesouthwest.org](mailto:rcarleton@orangesouthwest.org) if you need forms or more information about being a coach.

### Art Supplies for Camp Ta-Kum-Ta



The student council is collecting drawing supplies for Camp Ta-Kum-Ta. Camp TKT is a camp that children who have or have had cancer can attend. The camp is located in northern Vermont and is free for all campers. The RES student council is collecting packages of colored pencils, crayons and markers throughout the month of January. If you are able to contribute packages of these drawing supplies please send them to school with your child. Thank you for your support.

### Weatherize Upper Valley Kick-Off Event Saturday, Jan. 21, Chandler Music Hall 10-11:30 AM, refreshments included

Randolph, Brookfield, and Braintree are teaming up with Efficiency Vermont, Vital Communities, and local contractors to help homeowners save money and improve the comfort of their homes. On Sat., Jan. 21 the volunteer team and partner contractors will be available to answer questions about costs, benefits, incentives, and how to participate. For more information, call Gary Dir, 728-9840.

#### ABOUT WEATHERIZE:

Weatherize is run by a team of volunteers from the Randolph energy committee, with support from Vital Communities and Efficiency Vermont. Our two Weatherize partner contractors, 5 Star Energy Tech and Montpelier Construction, are offering FREE professional consults, home visits, and energy improvement quotes for residents in our three towns. Anyone who signs a contract with one of our partner contractors by May 31 will be eligible to win up to \$2,500 toward the cost of their home energy project, in addition to Efficiency Vermont rebates.

#### DID YOU KNOW?

Most weatherization projects focus on air sealing and insulation. According to Efficiency Vermont, the average cost of weatherization improvements in our region is \$7,800 (before rebates, which average around \$1,500), resulting in increased comfort and 26% average energy savings.

Learn more at [VitalCommunities.org/Weatherize](http://VitalCommunities.org/Weatherize)

### 5th Graders Ski Free!



To help our youth get to the hills, participating fifth graders can get up to 88 free days of skiing and riding at Vermont's alpine and Nordic resorts. For more details please visit <http://skivermont.com/fifth-grade-passport>



### Community Art Making and Pop Up Exhibit Jan 14 and 15 2017 at Chandler Gallery (Sat 10-7 & Sun 11-3)

Join us Saturday Jan 14<sup>th</sup> to help make an Art Installation that reminds us of the wonder and fragility of our Winter Woods. Learn how to silkscreen, do relief prints and felt in free drop in workshops. Community members of all ages will add pieces created to our collaborative exhibit. See what we can do as we work together using art to raise awareness of our environment.

Come to the reception for the Community Sat evening from 6-7 or visit the Gallery over the weekend. This pop up installation will melt away on Sunday

## 14 Ways to Show Love for Your Child this Valentine's Day

- Use plenty of positive words.
- Respond promptly and lovingly to your child's physical and emotional needs.
- Make an extra effort to set a good example at home and in public.
- When your child is angry, argumentative or in a bad mood, give them a hug, cuddle, pat, secret sign or other gesture of affection and talk to them about their feelings.
- Use non-violent forms of discipline. Use both rewards and restrictions early on to prevent trouble in the teen years.
- Make plans to spend time alone with your child to do something they enjoy.
- Schedule family game nights so you can spend time all together.
- Owning a pet can make children, especially those with chronic illnesses and disabilities, feel better by stimulating physical activity, enhancing attitude and offering companionship.
- To help familiarize your child with good food choices, let them cook with you. Get them involved in the entire process - from planning menus to serving.
- As your child grows up, they will be developing and refining a variety of skills and abilities. Help them as much as possible by encouraging them and providing the equipment and instruction they need.
- Take your child to the doctor regularly, keep them safe from accidents, provide a nutritious diet, encourage exercise and help them protect and strengthen their bodies.
- Help your child foster positive relationships with friends, siblings and members of the community.
- One of your most important gifts as a parent is to help your child develop self-esteem and encourage them to discover their strengths. Believe in them as they learn to believe in themselves.
- Don't forget to say "I love you" to children of ALL ages!



## I LOVE to READ!



Calling all volunteers! Now that the new year has begun, we're gearing up for I Love to Read month here at RES. The students will parade their love of reading for four weeks, beginning January 30th. If the students reach the school-wide reading goal they will participate in a celebration prior to February vacation.

It takes many extra hands to track all the students reading and display the visual evidence of their reading efforts. Whether you can come in once or several times, we'll have jobs that can be done at your convenience.

Please consider volunteering to make this event a success. Contact Mrs. Seymour in the library if you can help. Thanks!

### 4-1-1

Do we have your most up to date information? It is very important to notify us if your phone number, cell phone number, address or emergency contacts change.

**Please call the main office at 728-9555 with any changes throughout the year.**

**Thanks for your help!**



## Dates to Remember

**Mon, January 16**

Inservice Day - No School

**Wed, January 18**

Kindergarten "Informance"

**Fri, January 20**

Kindergarten to Chandler  
9:30-11:15



## Vocabulary Boosters

A large vocabulary can turn your child into a better reader and writer. Try these everyday ways to help your child learn new words.

**Keep your ears open.** When you and your child go places, point out words that people use. Maybe a waiter describes and *entrée* or the dentist talks about *molars*. Encourage your child to figure out what they mean by the way they're used.

**Go beyond nouns.** Help your child add verbs and adjectives to their vocabulary. Sports and games offer opportunities to use action words. Let your child hear you comment on the softball that *soars* or the runner who *sprints*. When they send thank you notes suggest descriptive words (a *polka-dot* shirt, a *fantastic* birthday).

**Save**  **Please!**

Every Clip Counts

